



W E E K E N D 1 S C H E D U L E

APRIL 17-19, 2026

FRIDAY

REGISTRATION
12:00pm-1:00pm

OPENING CEREMONY
SPHERES OF SOVEREIGNTY
Michelle & Nichole

HUMAN MANDALA
EYE GAZING
Elitsa & Nichole

AWAKENING YOUR
ESSENCE
BREATHWORK
Elitsa

-Dinner Break-

PULSE OF CREATION
CHAKRA MOVEMENT
Jannine

SATURDAY

FREE FLOW QI GONG
Layla

RECONNECT WITH YOUR
NATURAL VITALITY
Katie & Darrell

-Buffet Lunch-
(Included)

EFT TAPPING
& MOVEMENT
Ema Maksimcev

LIGHT LANGUAGE
ACTIVATIONS
Jackie "Laara" Herod

-Dinner Break-

GROUND IN SOUND
SOUNDBATH &
HOLY FIRE®REIKI
Aurora & Nichole

SUNDAY

BALANCED
EMPOWERMENT
YOGA
Erin

EXPANDING AND
CONNECTING
MEDIUMSHIP
Nicole P

-Buffet Lunch-
(Included)

MYSTICAL
MEDITATION
Michelle

LAUGHTER YOGA
Soren

CLOSING CEREMONY
Michelle & Nichole
4:00pm-5:30pm



W E E K E N D 2 S C H E D U L E

APRIL 24-26, 2026

FRIDAY

REGISTRATION
12:00pm-1:00pm

OPENING CEREMONY
SPHERES OF SOVEREIGNTY
Michelle & Nichole

HUMAN MANDALA
EYE GAZING
Michelle & Nichole

LIGHT LANGUAGE
ACTIVATIONS
Jackie "Laara" Herod

-Dinner Break-

HEALING
SOUND JOURNEY
Hwiemtun Fred Roland
& Lekha Michelle Hayes

SATURDAY

ENERGY ACTIVATING
QI GONG
Malcolm

WISDOM OF THE
5 ELEMENTS
Brett

-Buffet Lunch-
(Included)

QUANTUM HEALING
HOLY FIRE® REIKI
Nichole

CONCIOUS CONNECTED
BREATHWORK
Jonathan & Robin

-Dinner Break-

TRANSFORM THROUGH
JOYFUL MOVEMENT
Erin

SUNDAY

FLOW YOGA
Sonja
SAVASANA SOUNDBATH
Janette

COMFORTING
CONNECTION
MEDIUMSHIP
Nicole P

-Buffet Lunch-
(Included)

ETHEREAL GUIDED
MEDITATION
Michelle

LAUGHTER YOGA
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Aurora & Nichole

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EMPOWERMENT
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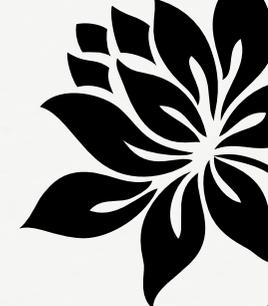
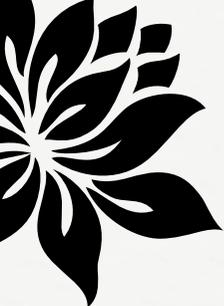
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QI GONG
Malcolm

WISDOM OF THE
5 ELEMENTS
Brett

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(Included)

QUANTUM HEALING
HOLY FIRE® REIKI
Nichole

CONCIOUS CONNECTED
BREATHWORK
Jonathan & Robin

-Dinner Break-

TRANSFORM THROUGH
JOYFUL MOVEMENT
Erin

S U N D A Y

FLOW YOGA
Sonja
SAVASANA SOUNDBATH
Janette

COMFORTING
CONNECTION
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W E E K E N D 1 S C H E D U L E



APRIL 17-19, 2026

F R I D A Y

12:00PM-1:00PM
REGISTRATION
Grand Foyer

1:15PM - 2:00PM
OPENING CEREMONY
SPHERES OF
SOVEREIGNTY
Michelle & Nichole
Mind Room

2:30PM - 3:15PM
HUMAN MANDALA
EYE GAZING
Elitsa & Nichole
Body Room

3:30PM - 5:00PM
EMPOWERED IN YOUR
ESSENCE BREATHWORK
Elitsa
Body Room

5:00PM - 7:30PM
Dinner Break

7:30PM - 9:00PM
PULSE OF CREATION
CHAKRA MOVEMENT
Jannine
Body Room

S A T U R D A Y

8:45AM - 10:00AM
FREE FLOW QI GONG
Layla
Body Room

10:45AM - 12:00PM
RECONNECT WITH YOUR
NATURAL VITALITY
Katie & Darrell
Mind Room

12:00PM - 1:30PM
Buffet Lunch
(Included)
& Makers Market
Grand Foyer

1:30PM - 2:30PM
EFT TAPPING
& MOVEMENT
Ema
Body Room

3:00PM - 4:30PM
LIGHT LANGUAGE
ACTIVATIONS
Lara
Mind Room

4:30PM - 7:00PM
Dinner Break

7:00PM- 8:30PM
GROUND IN SOUND
SOUNDBATH &
HOLY FIRE® REIKI
Aurora & Nichole
Body Room

S U N D A Y

8:45AM - 10:00AM
BALANCED
EMPOWERMENT YOGA
Erin
Body Room

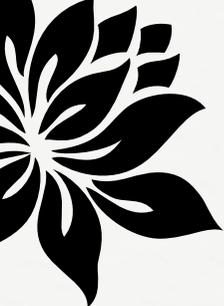
10:45AM - 12:00PM
EXPANDING AND
CONNECTING
MEDIUMSHIP
Nicole P
Mind Room

12:00PM - 1:30PM
Buffet Lunch
(Included)
& Makers Market
Grand Foyer

1:30PM - 2:30PM
MYSTICAL MEDITATION
Michelle
Body Room

3:00PM - 4:00PM
LAUGHTER YOGA
Soren
Body Room

4:15PM - 5:15PM
CLOSING CEREMONY
Michelle & Nichole
Body Room



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Mind Room

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Elitsa & Nichole

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3:30PM - 5:00PM

LIGHT LANGUAGE

ACTIVATIONS

Laara

Mind Room

5:00PM - 7:30PM

Dinner Break

7:30PM - 9:00PM

HEALING

SOUND JOURNEY

Hwiemtun & Lekha

Body Room

SATURDAY

8:45AM - 10:00AM

ENERGY ACTIVATING

QI GONG

Malcolm

Body Room

10:45AM - 12:00PM

WISDOM OF THE

5 ELEMENTS

Brett

Mind Room

12:00PM - 1:30PM

Buffet Lunch

(Included)

& Makers Market

Grand Foyer

1:30PM - 2:30PM

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3:00PM - 4:30PM

CONCIOUS CONNECTED

BREATHWORK

Jonathan & Robin

Body Room

4:30PM - 7:00PM

Dinner Break

7:00PM - 8:15PM

TRANSFORM THROUGH

JOYFUL MOVEMENT

Erin

Body Room

SUNDAY

8:30AM - 9:30AM

FLOW YOGA

Sonja

Body Room

9:30AM - 10:00AM

SAVASANA SOUNDBATH

Janette

Body Room

10:45AM - 12:00PM

COMFORTING

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Nicole P

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