



W E E K E N D 1 S C H E D U L E

APRIL 17-19, 2026

F R I D A Y

REGISTRATION
12:00pm-1:00pm

OPENING CEREMONY
SPHERES OF SOVEREIGNTY
Michelle & Nichole

HUMAN MANDALA
EYE GAZING
Elitsa & Nichole

AWAKENING YOUR
ESSENCE
BREATHWORK
Elitsa

-Dinner Break-

PULSE OF CREATION
CHAKRA MOVEMENT
Jannine

S A T U R D A Y

FREE FLOW QI GONG
Layla

RECONNECT WITH YOUR
NATURAL VITALITY
Katie & Darrell

-Buffet Lunch-
(Included)

KUNDALINI
MANRTA CHANTING
Sandra

LIGHT LANGUAGE
ACTIVATIONS
Jackie "Laara" Herod

-Dinner Break-

GROUND IN SOUND
SOUNDBATH &
HOLY FIRE® REIKI
Aurora & Nichole

S U N D A Y

BALANCED
EMPOWERMENT
YOGA
Erin

EXPANDING AND
CONNECTING
MEDIUMSHIP
Nicole P

-Buffet Lunch-
(Included)

MYSTICAL
MEDITATION
Michelle

LAUGHTER YOGA
Soren

CLOSING CEREMONY
Michelle & Nichole
4:00pm-5:30pm