



W E E K E N D 1 S C H E D U L E



APRIL 17-19, 2026

F R I D A Y

12:00PM-1:00PM

REGISTRATION

Grand Foyer

1:15PM - 2:00PM

OPENING CEREMONY

SPHERES OF
SOVEREIGNTY

Michelle & Nichole

Mind Room

2:30PM - 3:15PM

HUMAN MANDALA

EYE GAZING

Elitsa & Nichole

Body Room

3:30PM - 5:00PM

AWAKENING YOUR
ESSENCE BREATHWORK

Elitsa

Body Room

5:00PM - 7:30PM

Dinner Break

7:30PM - 9:00PM

PULSE OF CREATION
CHAKRA MOVEMENT

Jannine

Body Room

S A T U R D A Y

8:45AM - 10:00AM

FREE FLOW QI GONG

Layla

Body Room

10:45AM - 12:00PM

RECONNECT WITH YOUR
NATURAL VITALITY

Katie & Darrell

Mind Room

12:00PM - 1:30PM

Buffet Lunch

(Included)

& Makers Market

Grand Foyer

1:30PM - 2:30PM

EFT TAPPING
& MOVEMENT

Ema

Body Room

3:00PM - 4:30PM

LIGHT LANGUAGE
ACTIVATIONS

Laara

Mind Room

4:30PM - 7:00PM

Dinner Break

7:00PM- 8:30PM

GROUND IN SOUND
SOUNDBATH &
HOLY FIRE® REIKI

Aurora & Nichole

Body Room

S U N D A Y

8:45AM - 10:00AM

BALANCED

EMPOWERMENT YOGA

Erin

Body Room

10:45AM - 12:00PM

EXPANDING AND
CONNECTING
MEDIUMSHIP

Nicole P

Mind Room

12:00pm - 1:30pm

Buffet Lunch

(Included)

& Makers Market

Grand Foyer

1:30PM - 2:30PM

MYSTICAL MEDITATION

Michelle

Body Room

3:00PM - 4:00PM

LAUGHTER YOGA

Soren

Body Room

4:15PM - 5:15PM

CLOSING CEREMONY

Michelle & Nichole

Body Room